

Nutrition Facts

Serving Size: 1 slice

Amount Per Serving

Calories 166 Calories from Fat 34

% DV

Total Fat 3.8g 6%

Total Carbohydrate 11g 4%

Unofficial Pts: 3 ©DietFacts.com

(Fiber unknown so Pts may be lower)

Percent of Calories from:

Fat: 20.5% Carb: 26.5% Protein: ?%

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Nutrient		2,000 Calories	2,500 Calories
Total Fat	less than	65 g	80 g
Saturated Fat	less than	20 g	25 g
Cholesterol	less than	300 mg	300 mg
Sodium	less than	2400 mg	2400 mg
Total Carbohydrates		300 g	375 g
Fiber		25 g	30 g

1 g Fat = 9 calories

1 g Carbohydrate = 4 calories

1 g Protein = 4 calories

1 g Alcohol = 7 calories